

# EMT Advanced Class

Fall Session

# Fractures and Dislocations

- **Immobilize and support the fracture or dislocation**
- **Use common items if needed**

# Items to Use

- **Pillows**
- **Boards**
- **Magazines**
- **Blankets**

# **Treat The Patient For Shock**

**Call 911**

# ***Poisoning***

- Evaluate the area for your own safety
- Move the patient to a safe area if necessary
- Care for any life-threatening conditions
- Do not risk poisoning yourself
- Use barrier protection (masks and gloves)

**Call the Poison Control Center and 911**

# ***World Wide Web***

# **CARDIOPULMONARY RESUSCITATION**

**Remember the ABC's of CPR**

# A - AIRWAY

- Place patient on his/her back on a hard surface.
- Gently shake patient at the shoulders and shout, “Are you okay?”
- If the patient does not respond, call 911.
- Carefully tilt the patient’s forehead back and lift his chin to open his airway.

# B - BREATHING

- Look, listen, and feel. Place your ear close to the patient's nose and mouth
- Look for the patient's chest to rise and fall
- Listen For Breath Sounds
- Feel for the patient's breath on your cheek
- Continue for approximately 5-10 seconds.

# **B - BREATHING**

**If the patient is not breathing, pinch his nose closed and give two breaths into his mouth using a pocket respiration mask.**

# **B-Breathing**

- **If the patient's chest does not rise as you give the respirations**
- **Move the patient's head and neck, and try again.**
- **If you still cannot see the patient's chest rise, his airway may be blocked. Perform the Heimlich maneuver to try to unblock the airway.**

# B-Breathing

- **If the patient's chest does not rise as you give the respirations**
- **Move the patient's head and neck, and try again.**
- **If you still cannot see the patient's chest rise, his airway may be blocked.**
- **Perform the Heimlich maneuver to try to unblock the airway.**

# C - CIRCULATION

- Feel for a carotid (neck) pulse for approximately 5-10 seconds.
- If the patient has a pulse, but is not breathing, continue the breathing steps above. Give one breath every five seconds.

# C - CIRCULATION

- If the patient does not have a pulse, begin chest compressions.
- Place the heel of your hand on the lower part of the patient's sternum just above the Xyphoid.
- Place your other hand directly on top of first hand, and depress sternum 1.5 to 2 inches.

# C - CIRCULATION

- Give 15 compressions and then give two breaths.
- Check the carotid pulse every minute (every four cycles).
- Continue CPR until help arrives.
- Discontinue CPR if the patient's pulse returns.